

My Doctor's Inn

**Main Street
Gazette
February 2023**



Meet our Staff:

Aida Moussa, Director of Operations
Rebecca Holland, Executive Director
Nikki Mason , Director of Community Relations
LaMarr Thomas, Director of Dining Services
David Bungard, Senior Maintenance Director
Angela Martin, Director of Life Enrichment
Telitha Major, Administrative Assistant Director

Welcome to the Neighborhood

**A very warm Welcome
to our new Residents**

- Mary West
- Mary Ann Bayer
- Richard Cole
- Nancy Dzierzaski
- Joanne Piggott
- Maureen Vranesich

We hope you enjoy your stay with us!



Upcoming Events & Entertainment

Outings

- February 1st: Olive Garden
- February 8th: Buddy's Pizza
- February 15th: MC Lunch Take Out
- February 22nd: Red Lobster

Entertainment

- February 9th: Sandy V. @ 2pm
- February 15th: Jeff C. @ 2:30pm

Events

- Monday & Friday Bingo
- Bingo Store Open 1-2:pm on the 15th
- Catholic Mass & Communion
Every other Sundays



We wish the following residents a wonderful
birthday month and an upcoming year filled with many blessings!

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|------------|---------------|
| Richard L. | February 4th |
| Jerry S. | February 5th |
| Barbara F. | February 11th |
| Dorothy B. | February 23rd |
| Sam L. | February 24th |

IMPORTANT INFORMATION

HIPPA CONFIDENTIALITY AND PRIVACY ACT

MDI wants to remind all the family members and visitors that resident's confidentiality and privacy at My Doctor's Inn is a code of conduct for all employees.

Please refrain from asking our staff members any information about our residents unless you are the Authorized Representative.

Valentines Recipe

4 small kisses
6 giant hugs
1 cup of kindness
3 cups of love
5 tsp of happiness
2+ caring hearts

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Mix together and
spread the love

Resident of the Month

John Kontos

John Peter Kontos:

Born in August 1939 to Greek Immigrant parents who naturalized as American citizens in 1940s. His father worked in the steel mill and his mother in a laundry. John and his sister Mary were raised in Warren, MI. John was a high school letterman in football and baseball. He received a football scholarship to Eastern Michigan University and where he received his college degree. After college graduation, he married his high school sweetheart, Marilyn and settled down to raise a family in Warren, MI. Together they raised 5 children and have 4 grandchildren.

John, served his career as a high school teacher at Plymouth Salem/Plymouth Canton High School. He received career accolades from the State of Michigan as they awarded John Grant funds to establish a reading lab in his high school to help the students read.

Both John and Marilyn served the community as members of the Clinton Valley Lions Club serving Clinton Township for over 25 years. John's last few years of Lions Club service, John was elected to Governor, the highest leadership position in the state. John is proud of his leadership and service in the Lions Club.



Trivia & Facts

- February fluctuates between having 28 and 29 days per year.
The 29th day only occurs every 4 years during leap years.
- If you were born in February, your birthstone is an amethyst and your flower is a primrose.
 - In the Northern Hemisphere, February is the third month of winter.
Meanwhile, in the Southern Hemisphere, February is the last month of summer.
Between the North and South Hemispheres, February is the equivalent of August.
- February and January were the last months added to the Roman numeral calendar.
- Of all the words you can misspell, February is one of the most misspelled words in the English language. Even the White House has misprinted the word "February" before in a press release!
- February is the only month where it's possible to go the entire time without having a full moon.
- February, March, and November always start on the same day of the week unless it is a leap year.
- It was in February 1964 when The Beatles made their first American television appearance on the "Ed Sullivan Show." Over 73 million Americans watched!
- There are many U.S. states that entered the Union during the month of February. These include Massachusetts, Oregon, Arizona, and Mississippi, which were readmitted.
- The name of February comes from the Latin word "februum" which means purification.
- The Saxons called February "Sol-monath" which means "cake month" because they would offer cakes to the gods during February.

