



Life Enrichment Calendar

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Alphabet Game-MC 10:30 5 Card Bingo-AR 1:15 Walks & 1:1's 2:00 Uno-MC 3:00 New Year's Bingo-AR 4:00 Hot Chocolate Cart-AL/MC 	2 9:30 Fitness is Golden-MS 10: 15 This Day in History-AR 10:30 Dice Game-AR 1:15 Walking Club 2:00 Bingo-AR 3:00 Story Hour-AR 4:00 Cards Club-AR	3 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Baking w/ Friends-AR 1:15 Walking Club 2:00 Skip Bo/Uno-AR 3:00 National Chocolate Covered Cherry Day Social-MS	4 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 National Trivia Day-AR 1:15 Walking Club 2:00 Dice/Card Game-AR 3:00 Treats, Tea, & More Trivia-AR 3:00 Bible Study-LB Happy Birthday Paul K!	5 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Armchair Travel: Scotland-AR 1:15 Walking Club 2:00 Making Scottish Shortbread Cookies-AR 3:00 Scotland Trivia-AR	6 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Word Games-AR 1:15 Walking Club 2:00 Friday Bingo-AR 3:00 Happy Hour-MS 4:00 Cards Club-AR	7 9:30 Crossword Puzzle-AR 10:30 Rosary-MC 1:15 Afternoon Walks 2:00 Cover that Number-MC 3:00 First One Out-AR 4:00 Cookie Cart-AL/MC
8 9:30 Catholic Mass-AR 10:30 Catholic Communion-AR 1:30 Movie Matinee: Blue Hawaii with Elvis Presley 3:30 Happy Birthday Elvis Social-MS 	9 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Roll it to Win it-AR 1:15 Walking Club 2:00 Bingo-AR 3:00 Chicken Soup: Short Stories-AR 4:00 Cards Club-AR	10 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Show Me the Money-AR 1:15 Walking Club 2:00 Nifty Nails-AR 3:00 Reminiscing Social-MS 4:00 Uno-AR	11 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Cover that Number-AR 1:15 Walking Club 2:30 Music on Main Street: Provided By: Carl A. 3:30 Cards Club-AR 	12 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 First One Out-AR 1:15 Afternoon Walks 2:00 Horse Races-MS 3:00 National Hot Tea Social-MS 	13 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Dice Game-AR 1:15 Afternoon Walks 2:00 Friday Bingo-AR 3:00 Happy Hour-MS 4:00 Cards Club-AR	14 9:30 Roll-A-Bug-MC 10:30 Rosary-AR 1:15 Walking Club 2:00 5 Card Bingo-MC 3:00 Dice/Card Game-AR 4:00 Lemonade Cart-AL/MC
15 9:30 Hangman-MC 10:30 Word Games-AR 1:15 Walks & 1:1's 2:00 Uno-MC 3:00 Odds & Evens-AR 4:00 National Bagel Day Cart-AL/MC 	16 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Black or Red-AR 1:15 Walking Club 2:00 Bingo-AR 3:00 Resident Council-AR 4:00 Cards Club-AR	17 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Nifty Nails-AR 1:15 Walking Club 2:00 Winter Craft: Making Snowflake Bookmarks-AR 3:30 Cards Club-AR	18 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Lotto Game-AR 1:15 Walking Club 2:00 Jeopardy-AR 3:00 Bible Study-LB 4:00 Cards Club-AR	19 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Roll it to Win it-AR 1:15 Walking Club 2:00 5 Card Bingo-AR 3:00 National Popcorn Day Social-MS 	20 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 No More 6's-AR 1:15 Afternoon Walks 2:00 Friday Bingo-AR 3:00 Snack & Social-MS 4:00 Cards Club-AR	21 9:30 Scaattergories-AR 10:30 Rosary-MC 1:15 Walking Club 2:00 Give Me 5-MC 3:00 First One Out-AR 4:00 Hydration Cart-AL/MC Happy Birthday Eric C!



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 9:30 Catholic Mass-AR 10:30 Catholic Communion-AR 1:15 Walks & 1:1's 2:00 Left & Right Game-MC 3:00 Envelope Game-AR 4:00 Iced Tea Cart-AL/MC Happy Birthday Rosemarie T!	23 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Baking w/Friends Making Mini Pies-AR 1:15 Walking Club 2:00 Bingo-AR 3:00 National Pie Day Social-MS	24 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Color Therapy-AR 1:15 Walking Club 2:00 Nifty Nails-AR 3:30 Cards Club-AR	25 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Lotto Game-AR 1:15 Afternoon Walks 2:00 Dice/Card Game-AR 3:00 Bible Study-AR 4:00 Cards Club-AR Happy Birthday Harold P!	26 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Pen Pals Letters-AR 1:15 Walking Club 2:00 Lucky Dog Card Game-AR 3:00 Popcorn Social-MS 4:00 Uno-AR	27 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Bean Bag Toss-MS 1:15 Walking Club 2:00 Friday Bingo-AR 3:00 Happy Hour-AR 4:00 Cards Club-AR	28 9:30 Word Games-MC 10:30 Rosary-AR 1:15 Walking Club 2:00 Memory Cards-MC 3:00 Cards Club-AR 4:00 Cheese & Crackers Cart-AL/MC Happy Birthday Ahmad K!
29 9:30 Alphabet Game-MC 10:30 Dice Game-AR 1:15 Walks & 1:1's 2:30 Music on Main Street: Provided By: Lukas S. 3:30 Rootbeer Floats Social-MS Happy Birthday Terry K!	30 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Numbers Game-AR 1:15 Walking Club 2:00 Bingo-AR 3:00 Sweets Social-MS 4:00 Cards Club-AR	31 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Baking w/ Friends: Making White Hot Chocolate-AR 1:15 Afternoon Walks 2:00 Show Me the Money-AR 3:00 National Hot Chocolate Day Social on Main Street 4:00 Skip Bo-AR				

Special Dates: Please sign your loved ones up in the activity room.

January 4th- Carrabba's Leaving @ 11:30am

January 11th- MC Chicken Shack Take Out Lunch

January 18th- Just Delicious Scones Leaving @ 11am

January 25th- Fun Bingo Drive Leaving @ 1pm

All activities are subject to change.