

My Doctor's Inn

Main Street
Gazette

January 2023



Welcome to the Neighborhood

A very warm Welcome
to our new Residents:

- Kathleen Santo
- Margaret Babich
- Ronald Dolittle
- Barbara Davis
- Patricia Strackbein
- Jonathan Eichman
- Anthony Fridecky

We hope you enjoy your time here with us!



Upcoming Events & Entertainment

Outings

- January 4th Carrabba's
 - January 11th MC Chicken Shack Take-Out
 - January 18th Just Delicious Scones
 - January 25th Car Ride Bingo
- Please Sign up in the Activity Room

Entertainment

- January 11th Carl A. @ 2:30pm
- January 29th Lukas S. @ 2:30pm

Events

- Monday & Friday Bingo
- Happy Hour on Fridays
- Catholic Mass & Communion
Every other Sunday



Meet our Staff:

Aida Moussa, Director of Operations
Rebecca Holland, Executive Director
Nikki Mason , Director of Community Relations
LaMarr Thomas, Director of Dining Services
David Bungard, Senior Maintenance Director
Angela Martin, Director of Life Enrichment
Telitha Major, Administrative Assistant Director



We wish the following residents a wonderful
birthday month and an upcoming year filled with many blessings!

Paul K.	January 4th
Eric C.	January 21st
Rosemarie T.	January 22nd
Harold P.	January 25th
Ahmad K.	January 28th
Terry K.	January 29th



If you are experiencing Flu-like symptoms (cough/ congestion, fever, chills), we ask that you visit your loved one after your symptoms have subside. Thank you for your understanding and cooperation in our efforts to help avoid the spread of infection to residents and staff

Resident of the Month Ostola Albert

Ostola Albert was born on July 30, 1935 in Pineville, KY. Her family moved north to Detroit, Michigan while she was still a young girl. Once she was grown she worked for Michigan Bell in Detroit as a Supervisor of long distance telephone operators. She met her husband, John, at a New Year's Eve party when he returned from serving in the US Army during the time of the Korean War. Ostola thought he looked so handsome in his uniform! They were married on September 16, 1955 and had 64 wonderful years together before John passed away in 2019. They had 3

children. Ostola has 9 grandchildren and 7 great-grandchildren. Ostola and John were very active in their Model A car club. They enjoyed traveling, winters in Florida, fun at the cottage and time with family. Ostola joined the MDI community in November 2021. She is especially fond of the musical entertainment at MDI.

Congratulations Ostola!!



Community Notes

- ♦ Just a reminder to all families. Laundry is struggling to identify pieces of clothing because they are not marked with the resident's name. If you are bringing in new items for your loved one, please make sure that those clothes items are marked with their name so they can be returned to the proper owner.
- ♦ Laundry is also doing it's best to return your loved ones laundry back to them in a timely matter. Please keep in mind there is up to 3 days turnover for laundry to be picked up and returned.
- Our Life Enrichment calendar offers a variety of programs for everyone! Please review it monthly. We aim to meet the social, spiritual, physical, mental health and enjoyment (fun!!) needs of every single resident, no matter the challenges! Also make sure you sign up your loved ones for outings in the Life Enrichment office.
- MDI is committed to our resident's safety and offer a friendly reminder that when taking your loved one out of the building, please inform a staff member and sign them out at the front desk. This allows us to keep an accurate record of each residents' whereabouts.



Trivia & Facts

- The birthstone for January is the garnet. This rare gem comes in a variety of different colors. However, the most popular and lucrative garnets are a deep shade of red.
- In the northern hemisphere, January is the coldest month. The lowest temperature ever recorded in the United States was minus 80 degrees Fahrenheit (-62.2°C).
- On January 19th 1933, 60 inches of snow fell at the Giant Forest Weather Station in California, marking the record for snowfall for the Golden State.
- The month of January is represented by the carnation.
- January born people tend to be independent, high-spirited, analytical, and born leaders.
- Famous January birthdays include Muhammad Ali, Jeff Bezos, Elvis Presley and Michelle Obama, Ellen Degeneres and Oprah Winfrey.

