

# My Doctor's Inn

**Main Street  
Gazette  
September 2022**



## Meet our Staff:

Aida Moussa, Director of Operations  
Rebecca Holland, Executive Director  
Nikki Mason , Director of Community Relations  
LaMarr Thomas, Director of Dining Services  
David Bungard, Senior Maintenance Director  
Angela Martin, Director of Life Enrichment  
Telitha Major, Administrative Assistant Director

## Associate of the Month Gail Welch



Gail has been a great addition to My Doctor's Inn, constantly going above and beyond for our residents. She is compassionate and caring to everyone.

Gail's love for the residents is evident in her every day work and continues to exemplify My Doctor's Inn core values of going above and beyond on a daily basis. Thank you for everything you do for our residents and continue to shine!

Congratulations Gail!

As a unique community, our mission is to serve our seniors with dignity, respect and personalized care along with developing a culture that supports their independence, empowers their individuality and creates a home where they feel honored and loved.

**Being the best... is doing what is RIGHT**

**RESPECT** - Showing respect for others is one of the most important values in the world. Being respectful is an essential element to becoming the best person you can be.

**INTEGRITY** -Is a personal choice based on actions, values, morals and ideals. Doing what is right, for the right reasons, whether or not anyone will know.

**GOING ABOVE AND BEYOND** - Doing what is expected can make you valuable. Going above and beyond makes you exceptional.

**HUMILITY** -Consciously making an honorable choice to forgo our own status and put the wellbeing of others before ourselves so that we can provide selfless service to humanity.

**TEAMWORK** - Coming together is a beginning, staying together is progress, working together is success!



We wish the following residents a wonderful birthday month and an upcoming year filled with many blessings!

Sharon S.	September 6th
Doris "Boots" M.	September 15th
Edith S.	September 20th
Catherine D.	September 26th
Marcy L.	September 28th

## Resident of the Month

### Gayle Schaeff

Gayle was born on March 6, 1952 in Dayton, Ohio. Gayle's parents, Keith and Mary Kesling, were blessed with four daughters; Nancy, Bonnie, Gayle and Sandy. Gayle has three nieces; Robin, Jennifer and Andrea. While living in Dayton, Ohio with her parents, Gayle was lucky enough to live in an environment full of animals. There were horses on or near their property, and Gayle had her own horse named Rex. Cats, dogs and various other critters have been an ongoing presence in the homes Gayle has resided at throughout her life.

Gayle has two children of her own, Ronald (Ron) and Katrina (Trina). Ron and Trina also have children. All boys! Gayle has five grandsons; Joshua, Jacob, Nicklaus, Andrew and Chase.

Gayle has always been artistically talented. She has played instruments, including the piano throughout her life. Music, drawing, and many other artistic skills are part of Gayle's portfolio of talents. She has always had a green thumb. When it comes to gardening, and flowers, Gayle is truly talented. She has won many awards and ribbons for her arrangements at fairs throughout Michigan. And boy can Gayle cook and bake! Chicken crepes, cabbage rolls, and pumpkin pies (don't forget the cinnamon rolls) were just a few of Gayle's yummy specialties. She is also great at board games, puzzles, and can be quite the card shark!

Gayle worked hard as a mother when her kids were young, and then later as an Executive Assistant for almost 40 years at Lawrence Technological University in Southfield. She was the 'right hand' of many professors and other staff, and was well liked and respected throughout her career.

Hallmark was kept in business due to Gayle's dedication to birthdays, anniversaries, and holidays. She never forgot people's special days with a greeting card, and always seemed to be the first to acknowledge them!

Tom is Gayle's longtime companion and they have been engaged for many years. They have shared many adventures like downhill skiing, traveling to beautiful beach destinations, smelt dipping (you'll have to ask Gayle), wildflower and morel mushroom picking. These are just a few things about Gayle. She is kind and fair, and has a flair for life. Have a conversation with Gayle, and you will have the opportunity to talk with a truly gentle soul!

Congratulations Gayle!



## Notes from the Director's Desk

### Halloween Candy

We will be taking donations of Halloween candy for our Halloween event in October. If you could please help us out. You can drop off candy to the Activities Room at any time. Anything will be a great help. Thank you in advance. I will notify everyone once we get all the details in place..



# September

## TRIVIA

- Out of all 12 months of the year, September is spelled with the most letters. It contains nine letters, and it happens to be the ninth month of the year. No other months have the same amount of letters as their number in the calendar year.
- There are more pop and classic songs with "September" in the title than any other month
- The birthstone for September is the sapphire which is said to reduce inflammation, treat fever and act as a lucky charm for the person wearing it. It symbolizes intuition, clarity of thought, peacefulness, as well as loyalty and trust.
- This September "Harvest Moon" is the fullest moon of the year. When you gaze at it, it looks very large and gives a lot of light throughout the entire night. No other lunar spectacle is as awesome as the Harvest Moon.
- The Romans believed that September was looked after by the god of fire. So they always expected fires and volcanic eruptions to occur during this month.