



Life Enrichment Calendar

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Exercise w/Marlene-MS 10:30 No Bake Baking-AR 1:00 Outdoor Walks 2:00 Social & Trivia-AR 3:45 Cards Club-AR	2 9:30 Exercise w/ Debbie-MS 10:30 Labor Day Trivia/Facts-AR 1:15 Outdoors Walks-O 2:30 Labor Day Bingo-TH 4:00 Cards Club-AR	3 9:30 Exercise on Main Street 10:30 Nifty Nails-AR 1:15 Outdoor Walks-O 2:00 Back to School Crafts-AR 3:30 Catholic Communion-TH 3:45 Rosary-TH	4 9:00 St Malachy Church Outing 11:00 Exercise in Main Street-MS 11:00 L-C-R (Dice Game)-AR 1:15 Outdoor Walks-O 2:00 Cheese Pizza Day-AR (Making Individuals Pizzas) 3:00 Bible Study-LB 3:45 Cards Club-AR	5 9:30 Exercises on Main Street 10:30 Around the Clock-AR 1:15 Uno-AR 2:00 Christian Gathering (Warren Woods Church) 3:15 Popcorn Social-MS 3:45 Cards Club-AR	6 9:30 Exercise on Main Street 10:30 Pumpkin Spice Lattes-AR 1:00 Afternoon Walks 2:00 Bingo-TH 3:00 Cards Club-AR	7 9:30 Exercise w/Debbie-MS 10:15 Rosary-AR 11:00 Cooking-AR 1:15 Outdoor Walks-O 2:00 Explore America Part 2-AR (Montana) 3:45 Cards Club-AR
8 9:30 Exercise on Main Street-MS 10:30 Grandparents Social-MS (Violin Music By Kristen.) 1:00 Outdoor Walks-O 2:00 Movie & Popcorn-TH 3:15 Cards Club-AR	9 9:30 Exercises on Main Street -MS 10:30 Crossword Puzzles-AR 1:00 Outdoor Walks-O 2:00 Bingo-TH 3:15 Resident Council-AR 4:00 Cards Club-AR	10 9:30 Exercise on Main Street 10:30 Nifty Nails-AR 2:00 Crafts-AR 3:30 Catholic Communion-TH 3:45 Rosary-TH	11 9:00 St Malachy Church Outing 11:00 Exercise with Debbie-MS 1:15 Outdoor Walks-O 2:30 Monthly Birthday Party!-MS (Entertainment provided by Scott V.) 3:45 Cards Club-AR	12 9:30 Exercises on Main Street 10:30 Horse Races-AR 1:15 Uno-AR 2:00 Christian Gathering (Warren Woods Church) 3:15 Choc. Milkshake Social-MS 4:00 Cards Club-AR	13 9:30 Exercise on Main Street 10:30 Sing-a-Long-MS 1:00 Afternoon Walks 2:00 Quarter Bingo-TH 3:15 Peanut Social-AR 4:00 Cards Club-AR	14 9:30 Exercise w/Marlene-MS 10:30 Rosary-AR 11:00 No Bake Baking-AR 2:00 Crossword Puzzles—AR 3:00 Friendship Social-AR 3:45 UNO/Skip Bo-AR
15 9:30 Exercise w/Marlene-MS 10:30 Crossword Puzzles-AR 1:00 Outdoor Walks 2:00 Social & Trivia-AR 3:45 Cards Club-AR	16 9:30 Exercises on Main Street 10:30 Trivia & Coffee-AR 1:00 Walking Club 2:00 Bingo-TH 3:30 Cards Club-AR	17 9:30 Exercise on Main Street -MS 10:30 Nifty Nails-AR 1:00 Walking Club 1:30 Dice Game-AR 2:00 Fall Baking-AR 3:30 Catholic Communion-TH 3:45 Rosary-TH	18 9:00 St Malachy Church Outing 11:00 Exercise with Debbie-MS 1:15 Outdoor Walks-O 2:00 Healthy Snack Social-AR 3:00 Bible Study-LB 3:45 Cards Club-AR	19 9:30 Exercises on Main Street 10:30 Music by Joel P.-MS 2:00 Christian Gathering (Warren Woods Church) 3:00 Nifty Nails-AR 4:00 Cards Club-AR	20 9:30 Exercise on Main Street 10:30 First one Out—AR 1:15 Indoor Walks 2:00 Quarter Bingo-TH 3:15 Popcorn Social-MS 4:00 Cards Club-AR	21 9:30 Exercises on Main Street-MS 10:30 Rosary-AR 11:15 German Cooking-AR 1:15 Outdoor Walk-O 2:00 Oktoberfest Social-AR 3:30 Cards Club-AR



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September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 9:30 Exercises on Main Street 10:30 Cooking-AR 1:00 Afternoon Walks 2:00 Explore America/Part 2-AR (Nebraska) 4:00 Cards Club-AR	23 9:30 Exercises on Main Street 10:15 Making Pesto-AR 2:00 Bingo-TH 3:15 Herb of the Month "Basil"-AR 4:00 Cards Club-AR	24 9:30 Exercise in Main Street 10:15 Nifty Nails-AR 11:00 First One Out-AR 2:00 Craft-AR 3:30 Catholic Communion-TH 3:45 Rosary-TH	25 9:00 St Malachy Church Outing 10:30 Music w/ Bobby G.-MCI 1:30 Outdoor Walks-O 2:30 Hollywood Bingo-TH 3:00 Bible Study-LB 3:45 Cards Club-AR	26 9:30 Exercises on Main Street 10:30 Around the Clock-AR 1:15 Uno-AR 2:00 Christian Gathering (Warren Woods Church) 3:15 Popcorn Social-MS 4:00 Cards Club-AR	27 9:30 Exercises on Main Street-MS 11:00 Quarter Bingo-TH 1:15 Indoor Walks 2:30 Music by Joe A.-MS 3:45 Cards Club-AR	28 9:30 Exercise w/ Marlene-AR 10:30 Rosary-AR 11:15 Outdoor Walks-O 2:30 Coffee & Donuts-AR-AR 3:45 Cards Club-AR
29 9:30 Exercises with Marlene-MS 10:15 Coffee and News-AR 11:00 Crossword Puzzle-AR 1:00 Afternoon Walks 2:30 Music by Lukas-MS 3:45 Card Club-AR	30 9:30 Exercises on Main Street 10:30 Baking w/ Debbie-AR 2:00 Bingo-TH 3:15 Snack & Reminisce-AR 4:00 Cards Club-AR					

My Doctor's Inn Outings;

9-03-2019- Lunch at Da Francesco-Leaving at 11:00am.

9-10-2019- Sterling Heights Center/Bingo-Time to be determined.

9-17-2019-Movie Outing-Time to be determined.

MS: Main Street LB: Library AR: Activity Room CP: Cover Patio O:Outdoors
 All activities are subject to change