





Life Enrichment Calendar



October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30 Exercise on Main Street 10:30 Crossword Puzzles-AR 1:15 Outdoor Walks-O 2:00 Coffee for All-AR (Documentary) 3:30 Catholic Communion-TH 3:45 Rosary-TH	9:30 Exercise in Main Street-MS 10:30 Scarecrow Craft-AR 1:15 Outdoor Walks-O 2:00 International Music Day-AR (Music Bingo) 3:00 Bible Study-LB 3:45 Cards Club-AR	9:30 Exercises on Main Street 10:30 Around the Clock-AR 1:15 Uno-AR 2:00 Christian Gathering (Warren Woods Church) 3:15 Popcorn Social-MS 3:45 Cards Club-AR	9:30 Exercise on Main Street 10:30 World Animal Day-AR (Animal Trivia & Facts) 1:00 Afternoon Walks 2:00 Dog Bingo-TH 3:00 Cards Club-AR	9:30 Exercise w/Debbie-MS 10:15 Rosary-AR 11:00 Hydration & Snack-AR 1:15 Outdoor Walks-O 2:00 World Card Making Day-AR 3:45 Cards Club-AR
6	7	8	9	10	11	12
9:30 Exercise on Main Street-MS 10:30 Cooking-AR 1:00 Outdoor Walks-O 2:00 Explore America-AR (Nevada) 3:30 Cards Club-AR	9:30 Exercises on Main Street -MS 10:30 Crossword Puzzles-AR 1:00 Outdoor Walks-O 2:00 Bingo-TH 3:15 Resident Council-AR 4:00 Cards Club-AR	9:30 Exercise on Main Street 10:30 Nifty Nails-AR 2:00 Nat. Pierogi Day -AR 3:30 Catholic Communion-TH 3:45 Rosary-TH	9:00 St Malachy Church Outing 11:00 Exercise on Main Street 1:15 Outdoor Walks-O 2:00 Show Me the Money-AR 3:00 Bible Study-LB 3:45 Cards Club-AR	9:30 Exercises on Main Street 10:30 Joel Palmer-MS 2:00 Christian Gathering (Warren Woods Church) 3:15 Angel Food Cake Snack-AR 4:00 Cards Club-AR	9:30 Exercise on Main Street 10:30 Making Devil Eggs-AR 1:00 Afternoon Walks 2:00 Quarter Bingo-TH 3:15 World Egg Day Gathering-AR 4:00 Cards Club-AR	9:30 Exercise w/Marlene-MS 10:30 Rosary-AR 11:00 Cup Cake Making-AR 2:00 Crossword Puzzles-AR 3:00 Cup Cake Decorating-AR 3:45 UNO/Skip Bo-AR
13	14	15	16	17	18	19
9:30 Exercise w/Marlene-MS 10:30 Crossword Puzzles-AR 1:00 Outdoor Walks 2:00 Social & Trivia-AR 3:45 Cards Club-AR	9:30 Exercises on Main Street 10:30 Columbus Day-AR (Explorers Trivia) 1:00 Walking Club 2:00 Bingo-TH 3:30 Cards Club-AR	9:30 Exercise on Main Street -MS 10:15 Nifty Nails-AR 1:00 Walking Club 1:00 Dice Game-AR 2:00 Music by Aaron Caruso-MS 3:30 Catholic Communion-TH 3:45 Rosary-TH	9:30 Exercise on Main Street 10:30 Cider and Donuts-AR 1:15 Outdoor Walks 2:00 Cover the Number-AR 3:00 Bible Study-LB 3:45 Cards Club-AR	9:30 Exercises on Main Street 10:30 Cooking-AR 2:00 Christian Gathering (Warren Woods Church) 3:00 Arm Chair Travel-AR "China" 4:00 Cards Club-AR	9:30 Exercise on Main Street 10:30 LCR Dice Game-AR 1:15 Indoor Walks 2:00 Quarter Bingo-TH 3:15 Popcorn Social-MS 4:00 Cards Club-AR	9:30 Exercises on Main Street-MS 10:30 Rosary-AR 1:15 Outdoor Walk 2:00 Sweetest Day Craft-AR 3:30 Cards Club-AR



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October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 9:30 Exercises on Main Street 10:30 Coffee & Cookies-AR 1:00 Afternoon Walks 2:00 Crafts-AR 4:00 Cards Club-AR	21 9:30 Exercises on Main Street 10:30 Crossword Puzzles-AR 2:00 Bingo-TH 3:15 Smoothie Social-MS 4:00 Cards Club-AR	22 9:30 Exercise in Main Street 10:15 Nifty Nails-AR 2:00 Making Snacks-AR (Halloween Party Snacks) 3:30 Catholic Communion-TH 3:45 Rosary-TH	23 9:00 St Malachy Church Outing 10:30 Music by Bobby G.-MCI 1:30 Exercise on Main Street 2:30 Show Me The Money-AR 3:00 Bible Study-LB 3:45 Cards Club-AR	24 9:30 Exercises on Main Street 10:30 Around the Clock-AR 1:15 Uno-AR 2:00 Christian Gathering (Warren Woods Church) 3:15 Bologna Sand. Snack-AR	25 9:30 Exercises on Main Street-MS 10:30 Scattergories-AR 1:15 Indoor Walks 2:00 Bingo-TH 6:00 Family Halloween Party-MS	26 9:30 Exercise on Main Street 10:30 Rosary-AR 11:15 Outdoor Walks 2:30 Coffee & Donuts-AR 3:45 Cards Club-AR
27 9:30 Exercises on Main Street 10:30 Cooking-AR 11:00 Crossword Puzzle-AR 1:00 Afternoon Walks 2:00 Explore America-AR (New Hampshire) 3:45 Card Club-AR	28 9:30 Exercises on Main Street 10:30 Nat. Chocolate Day-AR 2:00 Bingo-TH 3:15 How is Chocolate Made-AR (Documentary) 4:00 Cards Club-AR	29 9:30 Exercise on Main Street 10:15 Nifty Nails-AR 1:00 First One Out-AR 2:00 Waffles & Strawberries-AR 3:30 Catholic Communion-TH 3:45 Rosary-TH	30 9:30 Exercise on Main Street 10:30 Baking-AR 1:15 First One Out-AR 2:30 Birthday Party-MS (Music by Jeff C.) 3:45 Bible Study-LB	31 9:30 Exercises on Main Street 10:30 Mad Science-AR 2:00 Christian Gathering (Warren Woods Church) 3:00 Pumpkin Hour-AR (Everything Pumpkin) 4:00 Cards Club-AR		

My Doctor's Inn Outings;

October 8th - California Pizza Kitchen-Leaving at 11:30am.

October 16th - Blake's Cider Mill-Leaving at 11:30am

October 22nd - Scenic Bingo-Leaving at 1:30pm.

October 29th - Ichiban-Leaving at 11:30am.

MS: Main Street LB: Library AR: Activity Room CP: Cover Patio O:Outdoors

All activities are subject to change