

**It's that time of year again for our
annual flu vaccines at My Doctor's Inn**

We highly encourage all of our residents to receive the flu vaccine yearly to protect themselves. The elderly population are at risk for severe complications from the flu; like dehydration, weakness and other symptoms that could lead to hospitalization. If interested, we ask Authorized Representative/Resident to please stop at the front desk and sign a consent form with our Receptionist, the deadline for consents need to be completed by October 22th, 2018. A charge of \$30 will be added to your OneCare bill. The annual flu vaccine will be administered on October 29th by the nursing staff, Thank you for helping us protect our residents!



My Doctor's Inn



**Main Street
Gazette October 2019**

Meet our Staff:

Aida Moussa, Executive Director
Anna Maria Russo, Assistant Executive Director
Rebecca Holland, Director of Resident Care
Nikki Mason, Director of Community Relations
Carolina Baeza, Director of Life Enrichment
LaMarr Thomas, Director of Dining Services
David Bungard, Director of Maintenance
Desiree Rasberry, Administrative Director

As a unique community, our mission is to serve our seniors with dignity, respect and personalized care along with developing a culture that supports their independence, empowers their individuality and creates a home where they feel honored and loved.

Being the best... is doing what is RIGHT

RESPECT - Showing respect for others is one of the most important values in the world. Being respectful is an essential element to becoming the best person you can be.

INTEGRITY -Is a personal choice based on actions, values, morals and ideals. Doing what is right, for the right reasons, whether or not anyone will know.

GOING ABOVE AND BEYOND - Doing what is expected can make you valuable. Going above and beyond makes you exceptional.

HUMILITY -Consciously making an honorable choice to forgo our own status and put the wellbeing of others before ourselves so that we can provide selfless service to humanity.

TEAMWORK - Coming together is a beginning, staying together is progress, working together is success!

A festive graphic for a birthday party. It features a banner that says "HAPPY BIRTHDAY" in colorful letters, surrounded by many colorful balloons (red, purple, blue, yellow, green) and a birthday cake with lit candles at the bottom.

We wish the following residents a wonderful birthday month and an upcoming year filled with many blessings!

Madeline P. October 5th
Eileen W. October 12th
Ebba F. October 13th
Margaret "Peggy" R. October 14th
Denice D. October 21st
Walter P. October 29th

Please join us for our Monthly Birthday Party on October 30th at 2:30pm on Main Street. Entertainment provided by Jeff C.





Resident of the Month

Dorothy Domaradzki

Dorothy Domaradzki was born to Charles and Anna on May 24, 1923. Dorothy grew up with her three siblings; Richard, Virginia, and Dolores. Her mother worked hard as a house mom and her father worked in a shop. As a child Dorothy enjoyed going to the movies, playing hopscotch, and hide-n-go

seek. Some of her favorite memories are from her family holidays and birthday parties. Dorothy completed the ninth grade and then started working to help the family. Her first job was cleaning houses and at 16 yrs. old she began waitressing. The teenage years proved to be some of the most difficult for her. Dorothy met her husband, Fred , at the neighborhood gas station where he worked. They were married on October, 11, 1941 and were married for 60 years. During this time they lived in Detroit, Roseville, and East Pointe. At 24 , Dorothy had their only child, Marvin Joseph. He is the apple of her eye. Dorothy has two grandchildren and one great grandchild that she adores. During her adult years, Dorothy worked for Packard Motors and eventually retired from there. She and her husband enjoyed doing activities with the Polka Boosters. She especially enjoyed attending the meetings, going to the dances, and going on cruises with the other booster members. A source of pride for Dorothy is her Polish heritage and her family traditions surrounding her culture. She recalls going to gatherings and cooking Polish food for the family with grandmother. Her favorite foods to cook are pierogi, kielbasa, and stuffed cabbage. These days, Dorothy enjoys visiting with family and friends to celebrate special occasions. In her free time she likes watching talk shows, baseball and hockey games, and movies on TV.

Congratulations Dorothy!

Annual Halloween Party

All our resident's little ones are invited to our Annual Halloween Party. It will take place on October 25th from 6-8pm. Cider and donuts will be served on our Spooky Kids Room. We will have a bounce house on main street, please dress in regular clothing under your awesome costumes. Trick-or-treating will take place on Assisted Living 1st floor from 6-6:45pm. Please RSVP by October 20th to 586-838-5900. We hope to see you there and make sure you wear your costumes!!! The funnier the better.



Associate of the Month

Curtresha Price

Curtresha Price is so deserving of the Employee of the month. When thinking of a person that is so dependable, so compassionate, goes above and beyond, and is always there for her co-workers, Curtresha Price would be at the top of the list.



YOU ROCK!

Services Offer at My Doctor's Inn

We continue to strive to make living at My Doctor's Inn as convenient as possible for the residents and their families. Please note that house-call physicians are available for internal medicine, dermatology, psychiatry, podiatry, dental care, hearing aids and physical and occupational therapy. You can contact the nursing office for more information and to sign up.



Halloween Candy!!

We are taking candy donations for our Halloween Party. Our event will take place on October 25th from 6-8pm! The Residents will be handing out candy to all the little ones that come. Any donations of candy are greatly appreciated and can be dropped in the activity office.

If you have any questions please don't hesitate to call;

Carolina Baeza

Life Enrichment Director

586-229-5959

