



### Resident of the Month

Brian Dean Hunter was born on January 30th, 1947. His parents were Jean and Allen and together with Brain's two siblings; Peter and Ellen, they created wonderful memories as a family. Brian's father worked for Chrysler and his mom took care of the household. He has fond memories of his childhood in Highland Park, Michigan, where he loved playing in the alley and stealing fruit from the neighbor's tree, (good old days). Brian attended Dondero High School in Royal Oak and after he decided to go to trade school. One day in 1974, Brian attended a ski party with some of his friends, and there he spotted a very pretty and smiley lady, named "Mary". Mary and Brian were married in 1987, together they had 4 kids, they were a combined family and that has been one of the most memorable experiences that they have had as a married couple. They purchased a house in Harrison Twp, and together with their 4kids; Brian Jr. Bill, Julie and Laura, created memorable moments, that they will never forget. As a family they enjoyed boating on Lake St. Clair, tubing and swimming. Brian worked as a tool maker inspector for General Motors and retired from there. Brian and Mary have 10 grandchildren, one great grandchild and another one on the way. They enjoy taking trips to the Caribbean and golf vacations as golfing is Brian's favorite sport. Brian's neighbors hold a special place in his heart; Tammy and Phil Couturier, he recalls great times that they spend together. Gibbs also is very special to Brian, his 10 year old yellow lab. Between golfing, fishing and spending time with his family, Brian has had some amazing accomplishments. He finished the Free Press Marathon in 4 hours and 23 minutes, completed a half triathlon and got a hole-in-one at Boyne Highlands. He lives his life with great disposition, always looking at life with a good sense of humor and never forgetting to be a gentleman. We are so happy to have Brian in our community and be a part of our MDI family. Congratulations Brian!!

# My Doctor's Inn



**Main Street  
Gazette February 2020**

### Meet our Staff:

- Aida Moussa, Executive Director
- Anna Maria Russo, Assistant Director
- Rebecca Holland, Director of Resident Care
- Nikki Mason , Director of Community Relations
- Carolina Baeza, Director of Life Enrichment
- LaMarr Thomas, Director of Dining Services
- David Bungard, Director of Maintenance
- Desiree Rasberry, Administrative Director

As a unique community, our mission is to serve our seniors with dignity, respect and personalized care along with developing a culture that supports their independence, empowers their individuality and creates a home where they feel honored and loved.

### **Being the best... is doing what is RIGHT**

**RESPECT** - Showing respect for others is one of the most important values in the world. Being respectful is an essential element to becoming the best person you can be.

**INTEGRITY** –Is a personal choice based on actions, values, morals and ideals. Doing what is right, for the right reasons, whether or not anyone will know.

**GOING ABOVE AND BEYOND** - Doing what is expected can make you valuable. Going above and beyond makes you exceptional.

**HUMILITY** –Consciously making an honorable choice to forgo our own status and put the wellbeing of others before ourselves so that we can provide selfless service to humanity.

**TEAMWORK** - Coming together is a beginning, staying together is progress, working together is success!



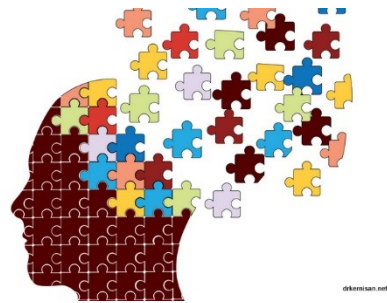
We wish the following residents a wonderful birthday month and an upcoming year filled with many blessings!

- Richard L. February 4th
- Maxine S. February 12th
- David A. February 17th
- Rosemary B. February 17th
- Marcia A. February 18th
- Dorothy B. February 23rd
- James H. February 26th

**Please join us for our Monthly Birthday Party on February 4th 2:00pm, on Main Street. Entertainment provided by Jeff C.**

## Attention Family members and loved ones:

We will be having a Dementia support group for our families of our residents who are experiencing dementia or Alzheimer's, please see the date and times listed below, all family members and loved ones are welcome to join. It will be an evening of education and fellowship with light refreshments provided, please feel free to join us!



Date: February 25<sup>th</sup>, 2020

Times: 2pm to 3pm  
5pm to 6pm

Please RSVP with the receptionist, thank you so much for your love and compassion to our dementia residents

## Volunteer Opportunities

Family members, there are always opportunities to help out in our community. Some of the activities you can volunteer for are: reading to our residents, taking walks out doors going with us on outings, crafts, etc. These are just some examples, the list is endless. If you or anyone that you may know, would like to become a volunteer let us know. Please keep in mind that there are a few guidelines we need to follow and we request prior notice in order to complete the steps necessary. We welcome and encourage volunteers here at MDI.



We continue to strive to make living at My Doctor's Inn as convenient as possible for the residents and their families. Please note that house-call physicians are available for internal medicine, dermatology, psychiatry, podiatry, dental care, hearing aids and physical and occupational therapy. You can contact the nursing office for more information and to sign up.



## Associate of the Month Diamond Johnson Going Above and Beyond

Diamond is a true asset to MDI, she is compassionate to our residents and goes above and beyond for them on a daily basis, from a warm hug to a slow dance in the common area. Diamond makes our residents so happy! Keep up the great work Diamond, we are truly blessed to have you in our team.



## WALK WITH ME

by Norma McNamara

Walk a while with me my friends, walk with me today,  
Come and see what I see, and listen to what I say,  
Yes I have dementia, and sometimes I get worse,  
Please be very grateful, that you don't have this curse.  
But are we all that different, the likes of you and me?  
We breathe the same; we feel the same,  
the same things we do see  
The only difference is my friends, I don't feel that well,  
When I can't remember, everything you tell,  
My heart beats just as quick as yours, my blood  
runs just as fast,  
But because of my dementia, the shadow, it is cast,  
It's the shadow cast by others, that takes away my light,  
Turns my life to darkness, my pleasure into fright,  
For when you cast that shadow, and it comes my way,  
It drains me of my energy, makes me hide, or run away,  
Sometimes I do different things, my mind is not my own,  
But do YOU never talk to yourself, when you are alone?  
So am I all that different, the likes of you and me,  
So my friends come walk a while, the future's ours to see.