










Life Enrichment Calendar

May 2021


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30 Exercise w/Karen-MC 10:30 Rosary-AR 1:15 Outdoor Walks-O 2:30 Snack & Hydration Cart-AL/MC
2	3	4	5	6	7	8
9:30 Exercise on Main Street-MS 10:30 Around the Clock-MC 1:15 Outdoor Walks-O 2:30 Ice Cream Cart-AL/MC	9:30 Exercise on Main Street -MS 10:30 Crossword Puzzles-AR 1:15 Dice Game-AR 2:30 Bingo-TH	9:30 Exercise on Main Street 10:30 Nifty Nails-AR 1:15 Rosary-TH 2:30 Snack & Trivia-AR	9:30 Exercise with Angela-MS 10:30 Making Salsa-AR 1:15 Outdoor Walks-O 2:30 Cinco de Mayo Social-AR	9:30 Exercise on Main Street 10:30 Show Me the Money-AR 1:15 Skip Bo/Uno- AR 2:30 Hangman-AR	9:30 Exercise on Main Street 10:30 Sing-a-Long-MS 1:15 Afternoon Walks-O 2:30 Quarter Bingo-TH	9:30 Exercise w/Karen-MS 10:30 Rosary-MC 1:15 First One Out-AR 2:30 National "Have A Coke" Day Coca Cola Cart-AL/MC
9	10	11	12	13	14	15
9:30 Exercise w/Karen-MC 10:30 No Bake Baking-AR 1:15 Outdoor Walks-O 2:30 Sweets for Mom Cart-AL/MC 	9:30 Exercise on Main Street 10:30 Trivia & Coffee-AR 1:15 Walking Club 2:30 Bingo-TH	9:30 Exercise with Angela-MS 10:30 Nifty Nails-AR 1:15 Rosary-AR 2:30 Around the Clock-AR	9:30 Exercise on Main Street 10:30 Cover the Number-AR 1:15 Walking Club 2:30 Dice Game-AR	9:30 Exercise on Main Street 10:30 Baking Mini Apple Pies 1:15 Uno- AR 2:30 National "Apple Pie" -AR	9:30 Exercise on Main Street 10:30 Crossword-AR 1:15 Indoor Walks 2:30 Quarter Bingo-TH	9:30 Exercise w/ Angela-MC 10:30 Rosary-AR 1:15 Baking- Chocolate Chip Cookies-AR 2:30 National "Chocolate Chip Cookie" Day- AL/MC



Life Enrichment Calendar

May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:30 Exercise with Angela- MS 10:30 Dice Game-MC 1:15 Afternoon Walks-O 2:30 Snack & Hydration Cart-AL/MC	17 9:30 Exercise on Main Street 10:15 Baking-AR 1:15 Bingo- TH 2:30 Snack & Trivia-AR	18 9:30 Exercise in Main Street 10:30 Nifty Nails- AR 1:15 Rosary- AR 2:30 Card Club-AR	19 9:30 Exercise on Main Street 10:30 Crossword-AR 1:15 Spring Gardening-O 2:30 Hollywood Bingo-TH	20 9:30 Exercise with Angela- MS 10:30 Show Me the Money-AR 1:15 Outdoor Walks-O 2:30 Cards- AR	21 9:30 Exercise on Main Street 10:30 Quarter Bingo- TH 1:15 Making Mini Pizzas 2:30 National "Pizza" Day- Pizza Party-AR	22 9:30 Exercise w/Angela-MS 10:30 Rosary-MC 1:15 Baking-AR 2:30 Sweet Tea and Treats-AL/MC
23 9:30 Exercise with Angela-MC 10:30 Coffee and News-AR 1:15 Afternoon Walks-O 2:30 National "Taffy" Day-AL/MC	24 9:30 Exercise on Main Street 10:30 Cooking- AR 1:15 Bingo- TH 2:30 Snack & Reminisce-AR	25 9:15 Exercise on Main Street 10:30 Nifty Nails-AR 1:15 Rosary-AR 2:30 Summer Crafts-AR	26 9:30 Exercise on Main Street-MS 10:30 Word Games-AR 1:15 Around the Clock-AR 2:30 Cards Club-AR	27 9:30 Exercise on Main Street 10:30 First one Out-AR 1:15 Uno-AR 2:30 Floats Social-MS	28 9:30 Exercise on Main Street 10:30 Hangman-AR 1:15 Outdoor Walks-O 2:30 Quarter Bingo-AR	29 9:30 Exercise w/Karen-MC 10:30 Rosary-AR 1:15 Crossword Puzzle-AR 2:30 Popcorn Cart- AL/MC

30 9:30 Exercise with Karen-MS 10:30 First One Out-AR 1:15 Afternoon Walks-O 2:30 Snack & Hydration Cart-AL/MC	31 9:30 Exercise on Main Street 10:30 Baking w/ Angela-AR 1:15 Memorial Day Craft-AR 2:30 Memorial Day Social-AR 
---	--

Notes from the Life Enrichment Department

- ✚ All Activities are subject to change.
- ✚ Activities are designed to follow social distance rules.
- ✚ All residents attending activities must wear a mask, for the full duration of the program.
- ✚ Activities are done by floors.
- ✚ Virtual visits with your loved ones are available upon request. Call Carolina at 586-229-5959 to schedule.