



Life Enrichment Calendar

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key					1	2
Monte Carlo Dining-MC Belle Isle Lounge-BIL Woodward Atrium-WA Lexington Library-LL Ashton Pub-AP Motown Game Room-MGR The Grill-TG Club Room-CR Bay Harbor Recreation Center-BHRC Serenity Salon & Spa-SSS Packard Theatre-PT Briggs Fitness Center-BFC					9:30 International day of the Older Person-LR 10:00 To Fit to Quit Friday-LR 11:00 "I Love you a Latte" Coffee Hour-BHRC 1:00 Afternoon Walks 2:00 Friday Bingo-BHRC 3:00 Cards Crew-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 Coffee & Humor-BHRC 10:15 Morning Walks 11:00 Happy Hearts Kitchen-BHRC (Making Granola) 2:00 Left, Center Right-BHRC 3:00 Uno-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP
3	4	5	6	7	8	9
9:30 Sunday Morning Relaxation Time-BHRC 10:30 Word Quiz Time-BHRC 1:00 Afternoon Walks 2:00 Movie & Popcorn-BHRC 3:15 Ice Cream Social-MD 4:00 "Is 5'Oclock Right here " Happy Hour-AP	9:30 World Animal Day-BHRC 10:30 "I Love you a Latte" Coffee Hour-BHRC 1:45 Crafty Corner-BHRC (Let's Make a Spooky Wreath) 3:15 Root Beer Floats Social-MD 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 This Day in History-LR 10:00 Moving Muscles Tuesday-LR 11:00 "I Love you a Latte" Coffee Hour-BHRC 2:00 Horse Racing-BHRC 3:30 Cards Crew-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 This Day in History-LR 10:00 Power Hour on Wednesday-LR 11:00 "I Love you a Latte" Coffee Hour-BHRC 1:15 Outdoor Walks 2:00 First One Out-BHRC 3:00 Who Am I?-BRHC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 This Day in History-LR 10:30 Shake it Off Thursday-LR 1:15 Uno-BHRC 2:00 Armchair Travel-BHRC (Let's Discover Mexico) 3:15 Snack & Trivia-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 This Day in History-LR 10:00 To Fit to Quit Friday-LR 11:00 "I Love you a Latte" Coffee Hour-BHRC 1:00 Afternoon Walks 2:00 Friday Bingo-BHRC 3:00 Cards Crew-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 Coffee & Humor-BHRC 10:15 Morning Walks 11:00 Happy Hearts Kitchen-BHRC (Let's Make Soda Pop Cupcakes) 2:00 Around the Clock-BHRC 3:00 Smoothies Social-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP
10	11	12	13	14	15	16
9:30 Sunday Morning Relaxation Time-BHRC 10:30 How Many Words-BHRC 1:00 Afternoon Walks 2:00 5 Card Bingo-BHRC 3:15 Pumpkin Craft-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 Make a Move Monday-LR 10:30 "I Love you a Latte" Coffee Hour-BHRC 1:00 Outdoor Walks 2:00 Sundaes on Mondays-MD 3:00 Odds & Evens Dice Game-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 Moving Muscles Tuesday- 10:30 "I Love you a Latte" Coffee Hour-BHRC 1:00 Walking Club 1:30 Dice Game-BHRC 2:00 Happy Hearts Kitchen-BHRC (Making Halloween Check Mix) 3:30 Snack & Hand Massages-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	10:00 Power Hour on Wednesday-LR 11:00 "I Love you a Latte" Coffee Hour-BHRC 1:15 Outdoor Walks-O 2:00 Healthy Snack Social-BHRC 3:00 Cards Club-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 This Day in History-LR 10:00 Shake it Off Thursday-LR 11:00 Around the Clock-BHRC 2:00 Armchair Travel-BHRC (Let's Discover Italy) 3:00 Snack & Trivia-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 This Day in History-BHRC 10:00 To Fit to Quit Friday-LR 11:00 "I Love you a Latte" Coffee Hour-BHRC 1:00 Afternoon Walks 2:00 Friday Bingo-BHRC 3:00 Cards Crew-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP	9:30 Coffee & Humor-BHRC 10:15 Morning Walks 11:00 Halloween Craft-BHRC (Let's Make a Chenille Pumpkin) 1:15 Outdoor Walks 2:00 Cover the Number-BHRC 3:00 Dice Bingo-BHRC 4:00 "Is 5'Oclock Right Here " Happy Hour-AP



Life Enrichment Calendar

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
9:30 "I Love you a Latte" Coffee Hour-BHRC 10:30 Black or Red-BHRC 1:00 Afternoon Walks 2:00 Movie & Popcorn-PT 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 Make a Move Monday-LR 10:15 Made with Love-BHRC (Non-Profit Project) 2:00 5 Card Bingo-BHRC 3:00 Tea & English Short Bread-WA 4:00 Meet & Great your Neighbors-BIL	9:30 This Day in History-LR 10:00 Moving Muscles Tuesday-LR 11:00 Herb of the Month "Basil"-BHRC 1:15 Walking Club 2:00 Happy Hearts Kitchen-BHRC (Making Pesto) 3:00 Snack & Reminisce-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 This Day in History-LR 10:00 Power Hour on Wednesday-LR 11:00 "I Love you a Latte" Coffee Hour-BHRC 1:30 Outdoor Walks- 2:00 Rosary-BHRC 3:00 Cards Crew-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 This Day in History-LR 10:00 Shake it Off Thursday-LR 11:00 "I Love you a Latte" Coffee Hour-BHRC 1:15 Rosary-BHRC 2:00 Armchair Travel-BHRC (Let's Discover France) 3:00 Make your Float Your Way-MD 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 This Day in History-LR 10:00 To Fit to Quit Friday-LR 11:00 "I Love you a Latte" Coffee Hour-BHRC 1:00 Afternoon Walks 2:00 Friday Bingo-BHRC 3:00 Cards Crew-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 Coffee & Humor-BHRC 10:15 Happy Hearts Kitchen-BHRC (Making Ghost Halloween Cookies) 11:00 Black or Red-BHRC 1:30 Fall Craft-BHRC (Let's Make Herb Brooms) 3:00 Uno-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP
24	25	26	27	28	29	30
9:30 "I Love you a Latte" Coffee Hour-BHRC 10:30 Left, Center, Right-BHRC 1:00 Afternoon Walks 2:00 Scrabble-BHRC 3:00 Making Halloween Cards-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 Make a Move Monday-LR 10:30 Meet the Team-BHRC 1:15 Walking Club 2:00 First one Out-BHRC 3:00 Nifty Nails-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 Moving Muscles Tuesday-LR 10:30 "I Love you a Latte" Coffee Hour-BHRC 1:15 Outdoor Walks 2:00 Hollywood Bingo-BHRC 3:00 Keep your Brain in Tune-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 Power Hour on Wednesday -LR 10:30 "I Love you a Latte" Coffee Hour-BHRC 11:15 Cards Crew-BHRC 1:00 Walking Club 2:30 Hang Man & Snacks-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 Shake it Off Thursday-LR 10:30 "I Love you a Latte" Coffee Hour-BHRC 1:15 Outdoor Walks 2:00 Happy Hearts Kitchen-BHRC (Baking with Fresh Peaches) 3:00 Snack & Trivia-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 This Day in History-LR 10:00 To Fit to Quit Friday-LR 11:00 "I Love you a Latte" Coffee Hour-BHRC 1:00 Afternoon Walks 2:00 Friday Bingo-BHRC 3:00 Fruits of the World Presentation-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP	9:30 Coffee & Humor-BHRC 10:15 Morning Walks 11:00 Happy Hearts Kitchen-BHRC (Sweet Bread) 2:00 Halloween Scramble-BHRC 3:00 Pumpkin Decorating-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP
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9:30 "I Love you a Latte" Coffee Hour-BHRC 10:30 The Big Halloween Quiz-BHRC 1:00 Afternoon Walks 2:00 Scary Movie & Popcorn-BHRC 4:00 "Is 5'Oclock Right Here" Happy Hour-AP						