







# Life Enrichment Calendar

## October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30 Word Games-AR 10:30 Rosary-MC 1:15 Walking Club 2:00 Alphabet Game-MC 3:00 5 Card Bingo-AR 4:00 Hot Chocolate Cart-AL/MC
2 9:30 Catholic Mass-AR 10:30 Catholic Communion-AR 1:15 Walking Club 2:00 Hangman-AR 3:00 No More Sixes-MC 4:00 Coffee & Tea Cart- AL/MC	3 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Baking with Friends-Making Cinnamon Rolls-AR 1:15 Walking Club 2:00 Bingo-AR 3:15 National Cinnamon Roll Day Social-MS 4:00 Cards Club-AR	4 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Dice/Card Game-AR 1:15 Afternoon Walks 2:00 Nifty Nails-AR 3:30 Uno-AR  <b>*Lunch Outing</b>	5 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 No more Six's-AR 1:15 Walking Club 2:00 National Teacher's Day Craft-AR 3:00 Bible Study-LB 3:30 Card club-AR	6 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Cooking with Friends: Making Pasta Salad-AR 1:15 Walking Club 2:00 Left, Center, Right-AR 3:00 National Noodle Day: Pasta Salad Social-MS	7 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Friday Bingo-AR 1:15 Walking Club 2:30 Music on Main Street: Provided by: Joe A. 3:30 Cards Club-AR  <b>Happy Birthday Sandra M!</b>	8 9:30 Color Therapy-MC 10:30 Rosary-AR 1:15 Walking Club 2:00 Uno-MC 3:00 First One Out-AR 4:00 Sweets Cart-AL/MC
9 9:30 Give Me 5-AR 10:30 Black or Red-MC 1:15 Afternoon Walks 2:00 Movie Matinee: Young Frankenstein"-TH 4:00 Hydration Cart-AL/MC	10 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Baking: Making Strawberry Shortcake-AR 1:15 Afternoon Walks 2:00 Bingo-AR 3:00 National Angel Food Day Social-MS	11 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Hangman-AR 1:15 Walking Club 2:00 Dice/Card Game-AR 3:00 Sweet Social-AR 4:00 Cards Club-AR	12 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Dice Game-AR 1:15 Afternoon Walks 2:00 Horse Races-AR 3:00 Bible Study-LB 3:30 Cards Club-AR	13 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Lotto Game-AR 1:15 Walking Club 2:00 Table Bean Bag Toss-MS 3:00 Hydration Social-AR 4:00 Uno-AR  <b>Happy Birthday Ebba F! Happy Birthday Charles R!</b>	14 9:30 Fitness is Golden-MS 10:30 Friday Bingo-AR 1:15 Afternoon Walks 2:30 Music on Main Street: Provided By Carl A. 3:30 Happy Hour-MS  <b>Happy Birthday Peggy R! Happy Birthday Sam S!</b>	15 9:30 Cover that Number-AR 10:30 Rosary-MC 1:15 Afternoon Walks 2:00 National "I Love Lucy " Day: Watching I Love Lucy-AR 3:30 Popcorn Cart-AL/MC



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b> 9:30 Reveal a Picture-MC 10:30 Word Games-AR 1:15 Walks & 1:1's 2:00 Painting with Friends-MC 3:00 First One Out-AR 4:00 Hot Chocolate Cart-AL/MC	<b>17</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Show Me the Money-AR 1:15 Afternoon Walks 2:00 Bingo-AR 3:00 Chips & Dips Social-AR 4:00 Cards Club-AR	<b>18</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 National Chocolate Cupcake Day: Making Cupcakes-AR 1:15 Walking Club 2:00 Nifty Nails-AR 3:30 Cupcake Social-AR <b>*Lunch Outing</b>	<b>19</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Resident's Choice-AR 1:15 Afternoon Walks 2:00 The Price is Right-AR 3:00 Bible Study-LB 3:30 Skip Bo-AR	<b>20</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 A Taste of Alaska: Making Salmon Spread-AR 1:15 Walking Club 2:00 Armchair Travel: Alaska-AR 3:00 Alaska Facts & Snacks-AR 4:00 Cards Club-AR	<b>21</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Baking: Making Mini Apple Pies-AR 1:15 Walking Club 2:00 Friday Bingo-TH 3:00 National Apple Day Social-MS 4:00 Cards Club-AR	<b>22</b> 9:30 Roll A Bug-MC 10:30 Rosary-AR 1:15 Afternoon Walks 2:00 First One Out-MC 3:00 Black or Red-AR 4:00 Apple Cider Social-AL/MC
<b>23</b> 9:30 Catholic Mass-AR 10:30 Catholic Communion-AR 1:15 Walks & 1:1's 2:00 Alphabet Game-MC 3:00 5 Card Bingo-AR 4:00 Cookies & Milk Cart-AL/MC	<b>24</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Show Me the Money-AR 1:15 Walking Club 2:00 Bingo-AR 3:00 Treats & Trivia-AR 4:00 Cards Club-AR	<b>25</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Nifty Nails-AR 1:15 Walking Club 2:00 Short Stories: Where Do Superstitions Come From? -AR 3:00 Snack & Reminiscing-AR 3:30 Skip Bo-AR <b>*Lunch Outing</b>	<b>26</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 First One Out-AR 1:15 Afternoon Walks 2:00 National Pumpkin Day: Painting Pumpkins-AR 3:00 Bible Study-LB	<b>27</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Dice Game-AR 1:15 Walking Club 2:00 First One Out-AR 3:00 Popcorn Social-AR  <b>5-7pm Halloween Trick or Treating on Main Street</b>	<b>28</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Friday Bingo-TH 1:15 Afternoon Walks 2:00 National Chocolate Day: Chocolate Tasting-AR 3:00 Trivia Hour-AR 3:30 Cards Club-AR	<b>29</b> 9:30 Scattergories-AR 10:30 Rosary-MC 1:15 Walking Club 2:00 No More 6'S-MC 3:00 5000 Dice Game-AR 4:00 Donut Cart-AL/MC
<b>30</b> 9:30 Music Therapy-MC 10:30 Uno-AR 1:15 Walks & 1:1's 2:00 Hopscotch Game-MC 3:00 Cover that Number-AR 4:00 National Candy Corn Cart-AL/MC	<b>31</b> 9:30 Fitness is Golden-MS 10:15 This Day in History-AR 10:30 Halloween Costume Parade-MS 1:15 Walking Club 2:00 Halloween Bingo-AR 3:00 Cards Club-AR  	<b>Special Dates: Please sign your loved ones up in the activity room.</b> <b>October 4<sup>th</sup>-Blake's Tasting Room Leaving @ 11am</b> <b>October 11<sup>th</sup>- Pizza Take-Out Lunch for MC @ 11am</b> <b>October 18<sup>th</sup>- Cracker Barrel Leaving @ 11am</b> <b>October 25<sup>th</sup>- California Pizza Kitchen Leaving @ 11am</b>  <b>All activities are subject to change.</b>				