



April Birthdays

If you were born between April 1–19, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence give them big, outgoing personalities. Those born between April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, they like to reward themselves for a job well done.

Mary Ann B April 19th
Margaret B April 27th
Lois B April 28th

Meet Our Staff

Rebecca Holland, Executive Director
Nikki Mason, Director of Community Relations
Telitha Major, Administrative Assistant Director
LaMarr Thomas, Director of Dining Services
Crystal Jones & Cynthia Skillman,
Co- Director of Life Enrichment
Fred Gjika, Director of Maintenance

Newsletter



8384 Meto Parkway Sterling Height MI 48312 Phone 586-838-5900



Up Coming Outings, Events, and Entertainments

Outings'

April 11th MC Screammers Ice Cream
At 1:30pm

April 23rd AL apple Bees
At 11:00am

Entertainment

April 5th Vanessa C
At 1:30pm

April 16th Joe A
At 3:00pm

April 26th Smitty
(Tom S)
At 2:30pm

Celebrations'

April 26th Birthday Bash &
Resident of the Month
At 2:30



Our Newest Residents

Julia C Christopher L
Annette S Orlando D

Celebrating April Lawn and Garden & Humor Month

Laugh at Work Week
April 1–7

National Volunteer Week
April 21–27

National Gardening Day
April 14

Earth Day
April 22

For the Love of Birds

Many have heard of the Audubon Society and know it as an environmental organization dedicated to studying and preserving birds and their natural habitats.

The organization is named after John James Audubon, the French American painter of birds who dedicated his life to his unique art. His birthday, April 26, is now celebrated as Audubon Day

Audubon showed an affinity for birds starting in childhood. He spent hours roaming the countryside, collecting birds' nests and eggs, and drawing them once he returned home. Audubon's father was a sailor and hoped his son would join the navy, so John James went to military school. However, he suffered from seasickness and so returned to the woods.

In 1803, the Napoleonic Wars broke out in France. Audubon's father obtained a fake passport and sent John James to America to avoid the war. It was at his family's farm in Pennsylvania that Audubon devoted himself full-time to the outdoors: hunting, fishing, and drawing birds.

Audubon was obsessed with birds. In an effort to study their habits, he tied string around their legs to see if they returned year after year. He learned the art of taxidermy and worked in natural museums. But his greatest contribution to ornithology was his brilliant book *Birds of America*. He dedicated his life to drawing every single bird in America. His style was new and different: a highly detailed drawing of each bird, more accurate than ever before. His drawings were life-sized, with some pages over three feet tall and two feet wide. After 14 years of traveling the entire country, Audubon drew over 700 species of birds. *Birds of America* is often considered the greatest picture book ever made, and original copies have sold for over \$10 million. How's that for a nest egg?

Honesty and Deception

You may find that April 4 goes against your moral code, for it's Tell a Lie Day. Many ethical people live by the credo "Always tell the truth." But do we? Researchers have discovered that most people tell occasional lies for several reasons. Sometimes we lie to gain other people's respect or to cover up for making mistakes. The good news is that most people lie to spare someone else's feelings from being hurt. If people choose to always be honest regardless of the consequences, that honesty could lead to injury or harm. Compassion may sometimes override honesty. Lucky, then, that April 30 is Honesty Day. Honesty can certainly hurt sometimes, but it also takes courage and maturity to be honest in difficult situations. Furthermore, staying honest attracts other honest people to you. When you are surrounded by the truth, you can be your authentic self. The freedom that comes with honesty is worth celebrating!



Major League Debut

On April 15, 1947, Jackie Robinson played his first major league baseball game with the Brooklyn Dodgers against the Boston Braves in front of a crowd of 25,000 spectators at Ebbets Field in Brooklyn.

This marked the first moment that an African American athlete played a sport in any of the major leagues.

Robinson did not get a hit that day, but he was awarded the first ever Rookie of the Year title that year. In 1949, he was named the National League's Most Valuable Player. The next year, he became the Dodgers' highest paid player with a salary of \$35,000. In 1955, Robinson led the Dodgers to a World Series victory over the New York Yankees. A perennial All-Star and Hall of Famer, Robinson's number 42 was retired by all of baseball on April 15, 1997.



Resident of the Month

Robert B McKee



To know my father is to love my father. For me, it's my father & #39; s sense of humor, generosity, and willingness to unconditionally love his family and friends. My father has always been available for us through good times and bad. Being personally engaged in our lives, interests, hopes, and dreams daily. My father has always shown us compassion, hope, and belief when we needed them the most. Before my dad was diagnosed with dementia, he enjoyed jogging, horseback riding, skiing, scuba diving, playing tennis, hiking up some of the highest mountains, and traveling. He introduced us to all these things as well, as kids. We couldn't have asked for a better dad, granddad, uncle, brother, and friend. My Doctor's Inn, thanks for honoring my dad, Robert McKee, resident of the month.



He has come a long way.

Visiting Dentist

My Doctor's Inn

Dr. Mansour's Portable Dental Services is available to provides, dental treatment to the residents of My Doctor's Inn

April 22, 2024

Residents have the option to receive dental treatment in their apartment. Care provided: Cleanings* Exams* X-rays* Fillings* Gum treatment* Extractions Crowns & Bridges* Dentures* Partials* Repairs* Denture evaluation.

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586-873-5567

Payment in full is required at the time of service. We do not participate with Medicare or dental insurance plans. However, if a patient has dental insurance and full payment has been made; Portable Dental Services will submit the dental insurance claim free of charge. The dental insurance company will send the refund check to the patient.

For more information, call 586-873-5567.

Louay Mansour DDS

Portable Dental Services

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