

HAPPY BIRTHDAY

Jerry S February 5th

Lilly F February 22nd

Dorothy B February 23rd

February Birthdays

If you were born between February 1–18, you are Aquarius, the Water Bearer. Witty, clever, and honest, Water Bearers desire independence above all and are not afraid to deviate from the crowd to pursue their own interests. Those born between February 19–28 are Pisces, the Fish. Selfless, spiritual, and intuitive, Pisces swim on an inner journey. They are emotional, compassionate people who are always willing to help others.

- Langston Hughes (poet) – February 1, 1902
- Ina Garten (cook) – February 2, 1948
- James Dean (actor) – February 8, 1931
- Jimmy Durante (actor) – February 10, 1893
- Toni Morrison (author) – February 18, 1931
- Sidney Poitier (actor) – February 20, 1927
- Steve Jobs (innovator) – February 24, 1955
- Jackie Gleason (actor) – February 26, 1916
- Elizabeth Taylor (actress) – February 27, 1932

Meet Our Staff

Aida Moussa, Director of Operations

Nikki Mason, Director of Community Relations

Telitha Major, Administrative Assistant Director

LaMarr Thomas, Director of Dining Services

Cynthia Skillman Director of Life Enrichment

Fredi Gjika, Director of Maintenance



February 2025

My Doctors' Inn Newsletter

8384 Metro Parkway Sterling Height MI 48312



Coming Outings, Events, and Entertainments

Outings

AL February 20th @ 1:30pm
Trip to Walmart

AL February 25th @ 11:00am
Lunch at Top Hat

Events, and Entertainments

Happy Hour Ever Friday
On Main Street @ 2:00pm

02/04 Entertainment by Chunk
@ 3:00pm

02/ 13 Entertainment by
Heart of Hills @ 2:30pm

02/18 Entertainment by
Venessa @ 1:30

02/24 Resident Council Meeting
@ 3:30

02/27 Birthday Celebration
with Entertainment by Joe
@ 2:30

Sundays' Mass
@ 9:30am



Celebrating February

Black History Month

Canned Food Month

Time Management Month

Groundhog Day
February 2

Bagel and Lox Day
February 9

Galentine's Day
February 13

Valentine's Day
February 14

Pancake Week
February 17–23

Presidents' Day
February 17

“THOUGH, FEBRUARY IS SHORT, IT IS FILLED WITH LOTS OF LOVE AND SWEET SURPRISES”



A Nose for Lies

On February 23, 1940, Walt Disney released *Pinocchio*. In honor of the wooden boy who could not tell a lie without his nose growing, enjoy the quiz below. Do you know which statements are true and which are false?

1. Pinocchio was created by Geppetto.
2. Jiminy Cricket serves as Pinocchio's conscience.
3. The Red Fairy helps Pinocchio learn right from wrong.
4. Moby is the name of the whale in the film.
5. Pinocchio is turned into a real boy at the end of the movie.

ANSWERS: 1. True: Geppetto is the kindhearted woodcarver who creates Pinocchio. 2. True: Jiminy Cricket guides Pinocchio as his conscience throughout the story. 3. False: The Blue Fairy plays a significant role in teaching Pinocchio important life lessons. 4. False: Monstro is the giant whale that Pinocchio and Geppetto encounter. 5. True: Pinocchio becomes a real boy after proving his bravery and honesty.

Visiting Dentist

My Doctor's Inn

Dr. Mansour's Portable Dental Services is available to provides, dental treatment to the residents of My Doctor's Inn

February 26, 2025

Residents have the option to receive dental treatment in their apartment. Care provided: Cleanings* Exams* X-rays* Fillings* Gum treatment* Extractions Crowns & Bridges* Dentures* Partials* Repairs* Denture evaluation.

PLEASE CALL TO MAKE AN APPOINTMENT WITH DR. MANSOUR

586-873-5567

Payment in full is required at the time of service. We do not participate with Medicare or dental insurance plans. However, if a patient has dental insurance and full payment has been made; Portable Dental Services will submit the dental insurance claim free of charge. The dental insurance company will send the refund check to the patient.

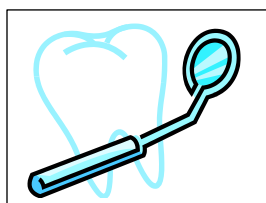
For more information, call 586-873-5567

Louay Mansour DDS

Portable Dental Services

25817 Harper, St. Clair Shores, MI 48081

www.Portabledentalservices.com



The Many Faces of Valentine



While February 14 is widely celebrated as Valentine's Day, there is some confusion as to which Saint Valentine this day refers to. According to the Roman Catholic Church, 14 different saints are named Valentine. Some believe Valentine honors the bishop of Terni, in central Italy, who was condemned by Roman Emperor Claudius. Others believe Valentine was a Roman priest who secretly married Christian couples until he was discovered by the Roman authorities and sentenced to death. Perhaps the real identity of Saint Valentine is unnecessary since what is truly important is his enduring legacy of love.

Cookie Cravings

It's the weekend you've been waiting for all year: February 24-25 is Girl Scout Cookie Weekend! The iconic flavors are all back: Thin Mints, Samoas, Trefoils, Tagalongs, Do-si-dos, and Lemon-Ups. Two other popular options this season are Adventurefuls, a brownie-inspired cookie with caramel-flavored crème, and a gluten-free option, Toffee-tastic, a buttery cookie packed with toffee bits.

This year, the price of Girl Scout Cookies has increased slightly to six dollars a box, which reflects rising costs. Every dollar goes toward supporting programs that help build our next generation of female leaders. The Girl Scout Cookie program continues to teach Girl Scouts five key life skills: goal setting, decision-making, money management, people skills, and business ethics. Plus, scouts grow in courage, confidence, and character. There's something extra sweet about enjoying these cookies while knowing you're supporting such an impactful program.

Resident of the Month

Lois Petrat Collins Blum



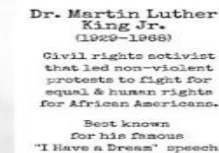
Lois was born in Detroit, MI in 1926. She is 98 y/o! She graduated from Denby in 1944 and then worked for Dodge Main as an executive secretary. In 1951 she married Tom Collins and had 2 daughters. Tom passed in 1963. She married Greg Blum in 1968 and gained 3 stepsons. Greg passed in November 2020. She has 16 grandkids, 39 great grandkids and 1 great great grandkid. She is an accomplished pianist and taught private lessons. She played the piano at Gratiot Ave Baptist Church and Bible Baptist Church in Utica, MI. She also sang, taught Sunday School and was a Youth leader. She enjoyed travelling and wintered in Seal Beach CA. She liked to garden and play card and board games. Her enthusiastic laughter, humble heart, positive attitude and powerful prayer life is a blessing to her family and friends.



Marcus Garvey (1887-1940)
Organized the first important American Black Nationalist Movement from 1919 to 1928.



Rosa Parks (1913-2005)
Her refusal to give up her seat on the bus to a white man sparked the Montgomery Bus Boycott.



Dr. Martin Luther King Jr. (1929-1968)
Civil rights activist that led non-violent protests to fight for equal & human rights for African Americans.
Best known for his famous "I Have a Dream" speech



Paul Dunbar (1872-1906)
Poet, novelist, and short story writer of the late 19th and early 20th centuries.



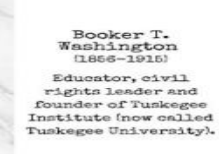
John Mercer Langston (1829-1897)
The first known African American to be elected to public office in 1855.



Frederick Douglass (1818-1895)
Abolitionist, civil rights activist, author and former enslaved person who became an advisor to the presidents.



Mae C. Jemison (1956-Present)
Known for being the first African American woman to travel in space.



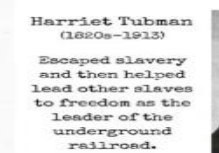
Booker T. Washington (1868-1915)
Educator, civil rights leader and founder of Tuskegee Institute (now called Tuskegee University).



Bessie Coleman (1892-1926)
Known for being the first African American woman to become an airplane pilot.



Jackie Robinson (1919-1972)
The first African American to play in Major League Baseball (MLB).



Harriet Tubman (1820s-1913)
Escaped slavery and then helped lead other slaves to freedom as the leader of the underground railroad.